Vietnam Veterans of America, Inc. Chapter #585 Mid Valley of Oregon PO Box 293 Albany OR 97321

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TO:	,
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#### WHO DO YOU KNOW THAT SHOULD BE A MEMBER OF THE VVA OR THE AVVA

Tell them that membership in VVA is the Right Choice - VVA is a "home of our own" - a community of fellowship with people who share experiences, needs, and hopes for the future by joining one of our 600 chapters for fellowship, volunteer opportunities, and community service.

They can be as active as their time, talents, and interests allow or, simply be a proud member of VVA, knowing their membership helps VVA work for them and their fellow Vietnam veterans.

The VVA national organization keeps less than half of an individual's membership dues. The rest stays at the state and local level to support programs and services for veterans and their families.

Membership includes a subscription to our award-winning newspaper, The VVA Veteran, which brings updates on issues and legislation affecting veterans, as well as unique articles on the people, places, and history of the Vietnam experience.

Membership is open to U.S. armed force veterans who served on active duty (for other than training purposes) in the Republic of Vietnam between February 28, 1961 and May 7, 1975, or in any duty location between August 5, 1964 and May 7, 1975.

To join, call one of the officers listed on page 2 of this newsletter. Please include a copy of your DD-214 with your membership application.

Families, friends, supporters, and veterans of other eras can join the Associates of Vietnam Veterans of America and receive the same benefits, including a subscription to The VVA Veteran.

To be added to mailing list contact Gary at 541-259-1482 or emall GJS659@centurytel.net

## Chapter



## #585

#### **Officers**



President Ric Olson 541-401-4639



Vice President Wells Hickox 541-258-6778



Communications
Officer
Gary Smith
541 259-1482



Secretary Treasurer Rick Bauman 541-451-2454



Sergeant-at-Arms Mike Stone 541-367-7937

Please contact any officer to volunteer for VVA events. We need your help.

## **AVVA Officers**

President Cat Olson 541 258-2525 Vice President John Birch 541 258-2803 Secretary/Treasurer Nadine Owen 541 451-2203

## **Monthly Calendar**

1<sup>st</sup> Sunday

Chapter Meeting in Lebanon
10 am at the American Legion

Breakfast available for \$5 before the meeting

4th Sunday

Host Breakfast at American Legion in Lebanon

8 am to 11 am

3rd Saturday

Host Dinner at American Legion in Lebanon

5 pm to 7:30 pm

4th Sunday

AVVA meeting after Sunday Breakfast at the at

American Legion in Lebanon

## VVA Chapter 585 -- Host Breakfast and Dinner

Breakfast - All you can eat for \$5

Menu: Waffles, strawberries, bacon, sausage, eggs, biscuits and gravy, hash browns, orange or tomato juice, coffee

Dinner – \$10 to \$13 (depending on choice of entrée)

Menu: New York Steak with mushrooms or Prawns deep fired or sautéed

or Combo of both

Comes with Baked Potato, salad and vegetables

## **AVVA**

Subject: Newport Oregon Loyalty days 04-25-11 -05-01-11

Brothers and Sisters

I send this message to several folks in an attempt to reach as many as I can to be as informative as possible. Some of this message will be of no use to you other than information about "Veteran" happenings in the State of Oregon and what the Vietnam Veterans can do to have fun and support Veterans. All Veterans of previous generations, their generation, my generation and this generation!

The "Newport Loyalty Day and Sea Fair Festival" is an event established to show support for our Veterans. This event was founded by the Veterans of Foriegn Wars on the East Coast. Newport Loyalty Days came about May of 1956. The important thing is it is an event that shows the Veteran and all a great time. I swear if you show up and you do not like Loyalty Days, I will buy you an adult beverage of your choice if you can catch me! I still have good legs...sort of!

This will be my 3rd Loyalty Days event and I have come away with an appreciation of what the community of Newport can accomplish. The red carpet is rolled out for the Vets. The Newport WA chapter is awesome in there involvement with this event! The most profound moment for me is "reading of the names" and this consist of a ceremony where anyone can be involved if you choose. During this event names of all the Oregon service members who died in Vietnam are read over the airwaves. A somber and soul touching moment is the only way I can describe it.

There is so much you can do and see during the week and the big events are Friday and Saturday. Friday evening is the coronation of Loyalty Day Queen. This year an entertainer who supports all Veterans will be there. Mr. Rockie Lynn who performed at the WA National convention in Orlando last August will be at Loyalty days also. This gentleman is a really good entertainer at the Nashville level and it would be a shame to miss his show. Rockie is a Vet! He will perform after the coronation of the Loyalty Days Royalty. Don't be square be there! Coronation is at 1900 hrs., for civilians that is 7:00 pm.

Saturday morning at 9:00 AM at the PUD building across the street from Safeway there will be the VVA/AVVA State Council meeting. This location is on the north side of Newport and if you passed Safeway you passed the PUD building. Parking will be a search if your late. VVA will have a vehicle in this years parade and if you want to be involved in the parade don't be shy climb aboard. Staging for the parade is no later than 11:45 AM.

For further information about Newport Loyalty days it can be found at <a href="mailto:parade@lovaltvdavs.com">parade@lovaltvdavs.com</a> I hope to see you there we have allot of catching up to do. Please visit Newport on the computer as there is so much to do and see.

Factoid about Loyalty days: "As this celebration continued to spread throughout the Nation, Congress wrote a Joint Resolution and President Eisenhower signed a Bill into law designating the First of May as Loyalty Day, a special day set aside for recognition of the heritage of American freedom."

John Birch Oregon State Rep./Region 8 Deputy Director AVVA 585

## **Agent Orange - Herbicide Exposure**

## **Agent Orange and Vietnam Veterans**

If you do not have Microsoft Word or Adobe Acrobat software installed, you may download free viewer and repage.

Helpline Birth Diabetes Mellitus fTvpe in

Defects CurrentQuestions & AnswersConditionsAdditional Information

Agent Orange health web site

VA procedures for adjudicating claims based on herbicide exposure

(M21-1MR, Part IV, Subpart ii, Chapter 2, Section C, 2-C-10)

## **Agent Orange Helpline**

Vietnam Veterans Benefit From Agent Orange Rules



NOTICE: INTERNET E-MAIL IS NOT SECURE Be advised that information you send and receive over the Internet may be interc recipient. Responses to your inquiry which contain sensitive or personal information will be sent via traditional methods such < information in your inquiry. The following link is used to direct your inquiry to VA's Agent Orange Helpline.

You must provide your name, E-mail address, telephone and/or telefax number, and VA file number/Social Security Number.' of time (usually 3 to 10 workdays).

## **Diabetes Mellitus (Type II)**

As a presumptive condition for in-country Vietnam veterans: Fact Sheet and Questions & Answers.

- \* VA Diabetes Home Page
- VA, Agent Orange & Diabetes Information

38 CFR 53.3Q9fe) adds Type 2 diabetes

http://www.vba.va.gov/bln/21/benefits/Herbicide/

4/16/2011

# Minutes of Monthly Meetings

## March 6<sup>th</sup> 2011

Treasures Report – Checking account balance \$19,142 Fish Pond Fund \$3,075 Dinner Receipts \$843 – Earnings – (\$170) due to the purchase of supplies for upcoming meals, when we will make up the profits at that time.

Breakfast Receipts - \$849 Earnings \$458

Welcome Aboard to Virgil Ezell, Victor L.Kuhns, and William B. Wells our newest members. Life Membership was earned and awarded to John Birch in the AVVA. Guest present were Charlie Mc Carthy, Mike, and Bill Jackson for the AVVA.

A guest speaker from the Strawberry Festival, Janne Lee was present and implored us to do the parking at the Festival again at the same price as last year, \$1500 for the first \$10,000 and 10% over that amount plus \$200 for meals..They will provide us with 10 T-Shirts (extra are \$8.50) .We will also receive the left over strawberries which helps us with our breakfast . A motion was made and seconded. And the proposal passed.

A quick review of our Fishing Project was given for our new members and guest.—Pond to be used only by disabled Vets from our Veterans hospitals or vets in a veterans rehab program, Ric and Gator will pick up 10- 6 foot umbrellas donated to us., WE still need to arrange for a ADA approved Porta-Potty, Obtain a copy of our insurance policy . Manard has 10 new fishing poles for the project.

We still need someone to represent us at the pre convention!

Money making ideas presented were flip a house, garage sale and clean up rentals.

Lebanon Swimming Pool will give all Veterans a 25% discount.

John Birch gave an AVVA report and spoke about membership overall.

Help needed for a Korean and Atomic vet to finish converting a garage into living space. Contact Ken Baily at 541-223-8253 on highway 34 11/2 miles west of Philomath

Meeting adjourned at 11:40

## April 3, 2011

March dinner resulted in the following profits, VVA \$349- AVVA \$232 For breakfast we earned \$463

/Welcome aboard new members William B. Wells and Darwin Davenport For the AVVA Marsha Spring

Gator gave a report on the fishing pier. The ramp is 15ft. long and should be ready by April 15<sup>th</sup>.

Patty Louiseana, President of CVA thanked Louie White for his service as the president for ,the past two years She requested that our chapter oversee the Memorial Service that is held the morning of the Veterans Parade. Louie White made a motion to accept her request and Bernie Pasqualini seconded the motion, which was passed. Gary Smith, Bernie Pasqualini, and Louie White agreed to form the committee

Chip Straley suggested that we put our chapter on a separate Web page

Ric Olson reported that the KP T-Shirts will be ready by the steak dinner.

A motion was made and seconded to send Tony Molinda \$100 to promote Rockie Lyne. To perform at Newports Loyalty Days.

We need volunteers for the Strawberry Festival and our Fishing Project so a sign up list was circulated.

Chip Straley and Ignaencio Seneaz would like to attend the pre-convention in Reno

Guest speaker Harald Palmer who is associated with The Healing Waters , spoke to us about what Healing Waters is and that he would work with us on our fishing project.

The Keizer Volcano's Baseball Organization will honor Oregons 's Veterans on 4<sup>th</sup> of July weekend in Salem and provide a booth to promote veterans organizations

# **PTSD**

NATIONAL CENTER FOR PTSD

# When a Child's Parent Has PTSD Jennifer L. Price, PhD Introduction

Researchers have examined the impact of Veterans' posttraumatic stress disorder (PTSD) symptoms on family relationships, and on children of Veterans in particular. Family members of individuals with PTSD may experience numerous difficulties. This fact sheet explains the common problems that children of Veterans experience and provides recommendations for how to cope with these difficulties. Although much of the research described here has been conducted with children of Vietnam Veterans, it is likely that much of the information applies to children of combat Veterans of other conflicts. Findings from this body of research may also generalize to children of non-Veterans with PTSD.

## How might a veteran's PTSD symptoms affect his or her children? Re-experiencing symptoms

Individuals who have PTSD often "re-experience" traumatic events through vivid daytime memories or dreams. Re-experiencing can occur suddenly and without intention, and it is typically accompanied by intense emotions, such as grief, guilt, fear, or anger. Sometimes these intrusions can be so strong or vivid that the individual believes the trauma is reoccurring.

These symptoms can be frightening not only for the individual experiencing them but also for children who witness them. Children may not understand what is happening or why it is happening, and they may start to worry about their parent's well-being. Children may also worry that their parent cannot properly care for them.

## Avoidance and numbing symptoms

Because the re-experiencing symptoms characteristic of PTSD are so uncomfortable, people who have been traumatized tend to try to avoid thinking about the traumatic event. They may also attempt to avoid places and experiences that could trigger upsetting memories. As a result, individuals with PTSD may not want to do things or go places, such as to the store, to the movies, or out to dinner. Children may feel that their parent does not care about them when really it is that the parent is avoiding places that are just too frightening. In addition to these active avoidance strategies, traumatized individuals often struggle with experiencing positive emotions and may feel 'cut off from other people, including family members. These avoidance and numbing symptoms can have a direct impact on children. For example, when a parent with PTSD withdraws from family members and has trouble feeling positive emotions, children can inaccurately interpret this as the parent not being interested in them or loving them, even though the parent may try to indicate otherwise.

#### Hyperarousal symptoms

Individuals with PTSD tend to have a high level of anxiety and arousal, which shows up as difficulty sleeping, impaired concentration, and being easily startled. They tend to have a high level of irritability and may experience an exaggerated concern for their own safety and the safety of their loved ones. It is easy to see how these hyperarousal symptoms can influence family members. For instance, irritability and low frustration tolerance can make a parent seem hostile or distant, again making children question the parent's love for them. This perception is simply a misunderstanding of the reasons behind the symptoms.

## How do children respond?

A parent's PTSD symptoms are directly linked to their child's responses. Children usually respond in certain ways:

· The "over-identified" child might feel and behave just like their parent as a way of trying to

connect with them. They might show many of the same symptoms as the parent with PTSD. **The "rescuer" child** takes on the adult role to fill in for the parent with PTSD. The child acts too grown-up for his or her age.

**The "emotionally uninvolved child"** gets little emotional help. This results in problems at school, depression, anxiety (worry, fear), and relationship problems later in life.

# What are the common problems children of veterans with PTSD face? Social and behavioral problems

Research has shown that there is significantly more violence in families of Vietnam Veterans with PTSD than in families of Veterans without PTSD, including increased violent behavior of the child. (1) Several studies have examined the effect that fathers' com bat-related PTSD and violent behaviors have on their children. (2, 3, 4) Results have generally revealed that children of veterans with PTSD are at higher risk for behavioral, academic, and interpersonal problems. Their parents tend to view them as more depressed, anxious, aggressive, hyperactive, and delinquent compared to children of non-combat Vietnam era veterans (who do not have PTSD). In addition, the children are perceived as having difficulty establishing and maintaining friendships. Chaotic family experiences can make it difficult to establish positive attachments to parents, which can make it difficult for children to create healthy relationships outside the family too. There is also research showing that children may have particular behavioral disturbances if their parent veteran participated in abusive violence(i.e., atrocities) during combat service. (5)

## Emotional problems and secondary traumatization

Results have also shown that children of veterans with PTSD are at higher risk for being depressed and anxious than non-combat Vietnam era veteran's children. Children may start to experience the parent's PTSD symptoms (e.g., start having nightmares about the parent's trauma) or have PTSD symptoms related to witnessing their parent's symptoms (e.g., having difficulty concentrating at school because they're thinking about the parent's difficulties). Some researchers describe the impact that a parents PTSD symptoms have on a child as secondary traumatization. (2) However, because of the increased likelihood that violence occurs in the home of a veteran with PTSD, it is also possible that children develop PTSD symptoms of their own. Having a seemingly unsupportive parent can compound these symptoms.

#### Problems may continue into adolescence

Adolescent children of veterans with PTSD may also be affected by their parent's symptoms. Compared to adolescent children of non-veteran fathers, adolescent children of Vietnam combat veteran fathers show poorer attitudes toward school, more negative attitudes toward their fathers, and higher levels of depression and anxiety. They also receive lower scores on creativity. (6) Adolescent children of Vietnam combat veterans may also have more problematic behaviors as rated by their mothers, although their behavior at school does not show evidence of disturbance. In spite of these differences, the two groups of adolescents were actually quite similar on a range of other measures of social and personality adjustment. One of the potential reasons for the limited impact on this group of adolescents is that the fathers in this study experienced combat but were not actually diagnosed with PTSD. It seems that children of combat veterans may struggle with some psychological and behavioral difficulties, but higher levels of impairment are much more likely when the veteran is struggling with mental health issues of his/her own, such as PTSD.

## Can children get PTSD from their parents?

It is possible for children to display symptoms of PTSD because they are upset by their parent's symptoms (secondary traumatization). Some researchers have also investigated the notion that trauma and the symptoms associated with it can be passed from one generation to the next. Researchers describe this phenomenon as **intergenerational transmission of trauma**. Much research has been conducted with victims of the Holocaust and their families (see Kellerman (7) for review), and some studies have expanded on these ideas to include families of combat veterans with PTSD.

Ancharoff, Munroe, and Fisher (8) described several ways to understand the mechanisms of intergenerational transmission of trauma. These mechanisms are silence, over disclosure, identification, and reenactment.

- When a family silences a child, or teaches him/her to avoid discussions of events, situations, thoughts, or emotions, the child's anxiety tends to increase. He or she may start to worry about provoking the parent's symptoms. Without the reasons for their understanding parent's symptoms, children may create their own ideas about what the parent experienced, which can be even more horrifying than what actually occurred
- Over disclosure can be just as problematic. When children are exposed to graphic details about their parent's traumatic experiences, they can start to experience their own set of PTSD symptoms in response to the horrific images generated.
- Similarly, children who live with a traumatized parent may start to identify with the parent such that they begin to share in his or her symptoms as a way to connect with the parent.

Children may also be pulled to reenact some aspect of the traumatic experience because the traumatized parent has difficulty separating past experiences from present.

## What should a parent do?

Parents can help children by using the information provided in this fact sheet and in the resources identified below. Preventive interventions can be helpful and include explaining to family members the possible impact of intergenerational transmission of trauma, before it happens. Education about the potential impact on children can also be a useful reactive response, when a child is already being affected by his or her parent's trauma history.

An excellent first step in helping children cope with a parent's PTSD is to explain the reasons for the traumatized parent's difficulties, without burdening the child with graphic details. It is important to help children see that the symptoms are not related to them; children need to know they are not to blame. How much a parent says should be influenced by the child's age and maturity level. Some parents may prefer to have help with what they say to their children, and assistance through therapy or written materials can be helpful.

In addition to this basic first step, there are multiple treatment options available for affected families. Treatment can include individual treatment for the Veteran as symptom improvement for the person suffering from PTSD would indirectly benefit the family. Family therapy can support the parent who is struggling with symptoms and teach family members how to get their own needs met Family therapy is typically more effective if the veteran with PTSD has first received some type of trauma therapy such that he or she is better able to focus on helping the children during family sessions (9). Children may benefit from individual therapy as well, with variations based on the child's age (e.g., art or play therapy for younger children, supportive talk therapy for older children and adolescents). Each family is unique, and decisions about what kind of treatment to seek, if any, can be complicated. The most important thing is to help each member of the family, including the children, have a voice in expressing what he or she needs.

VA has taken note of the research showing the negative impact PTSD can have on families. <u>VA PTSD programs</u> and <u>Vet Centers</u> across the country are beginning to offer group, couples, and individual programs for families of Veterans.

## REFLECTIONS

## My memories of LT(jg) Douglas Dean Vaughn 66-68

by: David Roe 66-69 ST3

## The Meeting.





I went aboard the Radford in 1966 it Kaoshung Taiwan We left port and were headed back to Vietnam for gun support missions. A couple days out the Radford got ready for refueling, ammo and supplies to come aboard. Since I was new on the ship I hadn't been assigned a station yet at sea replenishment. We were along side a supply ship (don't remember name) and was starstruck at all the goings on with the transfer of ammo to Radford

the flight deck the Kingpost was put up, the cables in place and 5"-38 shells were coming across.

Since 1 didn't have a station yet I thought Herman Richardson BM/1 turned sea. I'd check out what was going on, so I and saw me standing there. He climbed the ladder from the main deck up to the rear of the flight deck. I was holding said, in a voice that could be on to the line around me flight deck heard for miles, "Hey you, get looking at all the crew unloading ammo your dumb ass off that ladder from the pallets. There were all these right now and stay out of here!"

vests, helmets and weathered dungarees hustling around the deck,

At that moment, which I'll never forget, a big man, Herman Richardson BM/I turned and saw me standing there. He said .in a voice that could be heard miles away, "Hey you. get your dumb ass off that ladder right now and stay out of here!" 1 scurried down the ladder and hit the main deck looking for a place to hide. ("Way to go Dave, what a great start you have on the Radford

After the ship secured from replenishment, 1 was standing up on the bow looking at the sea, when an officer came up to me and said, "Are you the one who was on the ladder during transfer of ammo? 1 said. "Yes sir, that was me," This was the first time 1 had met Ltig) Douglas Dean Vaughn.

#### A man everyone looked up to.

I noticed on his vest was "First Division Officer. He had a well trimmed beard and looked sharp. Mr, Vaughn then said, "Son, you should never stand behind the Kingpost and cable during unreps. If that cable should snap, it could come back and cut you right in half. Then I would have to write a letter to your mom and tell her how you got killed because we didn't look out for your safety, and that's not going to happen as long as Iam in charge of this crew.

Right from that moment on 1 respected Mr. Vaughn. A few unreps later I did get stationed on the flight deck helping with the other crew members unloading ammo and stores.

That same big guy who chewed roe out, came up and said. "Roe,you alright?" I said, "Yes and sorry about what 1 did a few weeks ago." He said, "Just be careful up here, and get your ass to work and get these stores below." Now I was beginning to to feel like part of the crew.

As time passed on the Radford did many missions m Vietnam and countless unreps. As all the former crew members know we all worked as a team and got things done right Through all the time Mr. Vaughn was aboard he was a master at leadership of the crew and earned respect from all of us.

When Doug Vaughn left the ship for another duty station we were all sorry to see him leave but that happens all the time. People coming and going,

Mr Vaughn was transferred (by request) to "Coastal Group 16\*\* working with the Vietnamese on small boats, m a dangerous area of Vietnam. A year and some months had passed and the Radford was near DaNang when we got the sad news that Lt(jg) Douglas Dean Vaughn had died from wounds he suffered m an ambush near his station,

Mr. Vaughn had requested, before he died, if anything happened to him, that he wished to be buried at sea. (Actually he told them he wished to be buried at sea, with his Annapolis ring on and from his beloved Radford The Radford and all those that knew him were saddened by the news he was killed. The Radford was called upon to go to DaNang and pick up the

remains of Mr. Vaughn to be buried at

## The burial..

On the way in, from the Captain on down to the last crewman, we prepared the ship to bury one of our

own. On 29 May 1969 we picked up the special casket with Mr. Vaughn and headed out to sea for his burial. As I recall, that day was calm with blue skies and white puffy clouds,

The Radford, from bow to stem, was at her best because she was to bury one of her own. The entire crew, from the Captain on down was in dress whites with medals and ribbons glowing hi the sunlight We stood on the fantail in somberness and gave all the respect we could to Mr. Vaughn as he departed the USS Radford DD 446 for the last time. At 1009 29 May 1969 Mr. Vaughn was committed to the deep off die coast of Vietnam

#### The memories...

That day was a lasting memory, I'm sure, for all of us. Now 38 years later, I was looking on the Internet and sent a message to the US Naval Academy about the burial at sea for Mr. Vaughn. A short time later I received an e-mail from a close friend and classmate of Mr, Vaughn's, Jason Arneson. He told me more about what happened to Doug and his final days.

He said, Doug was caught in an ambush by the VC and was hit in the back with 3 rounds from an AK47. White in the hospital at Chu-Li Doug knew his-wounds were bad and he told a friend that it didn't look good. He asked his friend to get his Academy class ring and place it on bis finger. He may have known what was going to happen \*\*td he wanted to die with his ring on. His friend put the ring on Doug's finger and he passed away a short time later.

Looking back, I was honored to have known this man, served with him and put him to rest with God in heaven. To all the officers and crew that knew Douglas Dean Vaughn, Iam sure that their life with him on the Radford will always be in their hearts and prayers.

Sincerely, Dave Roe 68-69 USS RADFORD DD 446

(IUL Note: Doug Vaughn's photo, with bronze plaque rubbing from Vietnam Wall, is on display m the museum.)

# One Of Our Own

# Sweet Home Event Honors City's Distinguished Citizen

Sue Olson ,The wife of our President Ric Olson was named Sweet Home's Distinguished Citizen of the Year.

Alex Paul of the Albany Democrat Herald wrote the following: The Singing Christmas Tree is a gift to the community as is Sue Olson, who has worked diligently for many years to put on the free annual event.

Olson was named Sweet Home,s Distinguished Citizen for 2010 during the 6<sup>th</sup> annual Chamber of Commerce Awards Banquet. More than 300 people attended.

Last year's recipient, Juan Ulep presented Olson's award.

There are many folks in Sweet Home who work tirelessly on projects that make our fair city a better place to live., Ulep Said. "Our award recipient is one of those people". Olson, 63, and her husband Ric have been married 41 years and have lived in Sweet Home since 1984. They have 4 grown children, Eric, Patty, Tim, and Debbie. She has been active as a Girl Scout troop leader and committee chair for the Boy Scouts. Olson volunteered at the Oregon Jamboree, served on the Sweet Home Bicentennial Committee and has been active as an office volunteer, board member and secretary at the chamber of commerce

"She worked tirelessly for the logging community during the spotted owl controversy," Ulep said.". When Desert Storm began she cut and passed out yellow ribbons to rally support for the troops. "As the year round coordinator for the annual Singing Christmas Tree, Olson works hard securing sponsorships and raffle items so that the event stays free. Each year, she creates a lovely quilt for a raffle as a way to cover some of the cost of the production," Ulep said. "she is truly an Energizer Bunny.:

Olson said she accepted the award on behalf of parents who have worked with Scouts or other community events over the years.

She works at the A & W Restaurant in Sweet Home, owned by her daughter and son-in-law, Patty and Josh Harikins.

From Gator Alden Ys Photos



**Got Any Vietnam Photos?** 

Let me know if we can print them here, OK??

Editor's Note: Gator (Carrell Alden) allowed me to use this photo of the plane he flew in over Vietnam. Gator's exact words are:

This is an A3D (A3D means All 3 Dead, no ejection seats,....... not happy flyers)

It has the ECM (Electronic Counter Measures) Configuration. It has two J-57 iet engines, and this photo shows the photo graphic

It has two J-57 jet engines, and this photo shows the photo graphic setup we used over Vietnam.



## From The Internet Provided BY Ignacio Sanez

## Memorandum

From: John R Rowan, National VVA President

To: VVA National Staff, WA State Councils and VVA Chapters.

Cc: VVA National Board of Directors and Committee Chairs

Date: 4/9/2011

Re: USAA (United Services Automobile Association

VVA recently has signed a five year deal with USAA to endorse USAA and its financial services .VVA is extremely pleased to be associated with USAA and supportive of its financial services. For manyof you, USAA is an old, trusted name as you may already be associated with USAA. For you new folks, USAA provides an opportunity for you to meet USAA and learn of their products and experience.

What does it mean to "endorse" USAA? It means that you will begin to hear the USAA name frequently as we go about the business of VVA. We will see USAA advertising in the <a href="VVA Veteran.">VVA Veteran.</a>. You can expect to see USAA at VVA Conventions and Leadership Conferences. And periodically, VVA members will receive mail outs sharing information about USAA. However, "endorsing" USAA does not mean that VVA has turned into financial counselors, no, it means that USAA provides financial services that we like, that we support and that many of us have had experience with - we want to share.

USAA will phase into our lives in the coming months. VVA currently has an affinity credit card relationship with Bank of America which will terminate August 31, 2011 but which must be honored in the interim. We will do nothing to jeopardize our relationship with Bank of America as I am sure you would expect.

I ask that you be supportive of our new relationship and welcome USAA personnel with open arms when you have the opportunity to meet them.

VVA CFO Joe Sternburg will be the VVA "Relationship Manager" for VVA and his backup will be VVA Controller, Dana Moore. If you have any questions feel free to call Joe.

## WARNING TO VETERANS

Forwarded by Kevin Secor, VSO Liaison, Office of the Secretary of the Department of Veterans Affairs. An organization called **Veterans Affairs Services (VAS)** is providing benefit and general information on VA and gathering personal information on veterans. **This organization is not affiliated with VA in any way** 

[Websites with the name "vaservices" immediately after the "www" ARE NOT part of the Department of Veterans Affairs, the US Government agency. Do not go to them or if approached or called, do not offer them any information concerning yourself or data on **other veterans.** 

Keep in mind that the real VA website ends in .gov. Also, be aware that the Department of Veterans Affairs does not randomly call veterans, nor does it ask veterans for information which it does not already have-like Social Security Numbers. In particular, if you have not dealt with the VA previously-and in person-and all of a sudden, you receive a call from someone saying they are with the VA or something similar sounding, hang up the phone. Also, do not respond to emails which suggest that they are from the VA. The VA never conducts official business nor asks for personal information by email. *Mike*]

VAS may be gaining access to military personnel through their close resemblance to the VA name and seal. Our Legal Counsel has requested that we coordinate with DoD to inform military installations, particularly mobilization sites, of this group and their lack of affiliation or endorsement by VA to provide any services.

In addition, GC requests that if you have any examples of VAS acts that violate chapter 59 of Title 38 United States Code, such as VAS employees assisting veterans in the preparation and presentation of claims for benefits, please pass any additional information to Mr.Daugherty at the address below.

Michael G. Daugherty
Staff Attorney
Department of Veterans Affairs
Office of General Counsel (022G2)
810 Vermont Avenue, NW Washington, DC 20420

# SCHEDULE OF EVENTS

#### March 30<sup>th</sup>. Vietnam Veterans Welcome Home

April 16<sup>th</sup> We serve to the public our Steak & Shrimp Dinner

April 24<sup>th</sup> We serve to the public our Breakfast

April 28<sup>th</sup>. Thru May 1<sup>st</sup>. Newport Loyalty Days

April 30<sup>th</sup> VVA Oregon State Presidents Council Meeting & Election

April 30<sup>th</sup> AWA State President Council Meeting and Elections

May 1<sup>st</sup> We have our monthly meeting at post 51 in Lebanon

May 21st We serve our Steak & Shrimp Dinner

May 22<sup>nd</sup> We serve our Breakfast

May 30<sup>th</sup> Memorial Day

June 10<sup>th</sup>. Thru 12<sup>th</sup>. Pre-Convention Meeting Reno Nevada.

June 25<sup>th</sup>. Korean Veterans Honor Day.

July 4<sup>th</sup>. Weekend Keizer Volcano"s Baseball Organization to honor Oregon's Veterans.

July 16<sup>th</sup>, Oregon Atomic Veterans Day

August 17<sup>th</sup>, Thru 20<sup>th</sup>, VVA National Convention Reno, Nevada,

## 2011 Schedule of Events-Newport Loyalty Days

#### Thursday April 28th"

11 pm Davis Show Carnival—South Beach Marina

#### Friday, April 29th

12pm Davis Show Carnival— South Beach Marina
12pm Annual Newport Loyalty Day Chamber of Commerce Luncheon TBA
7:30pm Loyaly Days Queen's Coronation—Newport Performing Arts Center—Free Admission
8:45pm Annual "Reading of the Names"-TBA

#### Saturday April 30<sup>th</sup>.

8:00am Oregon Coast Corvettes - Charity Event- Gold Motors contact 574-6822 11am Davis Show Carnival South Beach Marina 11:55am Coast Hills Running Club "Fun Run"—Parade Route contact 265-3506 12pm 55<sup>th</sup> Annual Newport Loyalty Day Parade—Hwy 101 4pm Ceremonies - Oregon Honorable Service Medals - South Beach

## **Sunday May 1st**

12pm-8pm Davis Show Carnival - South Beach Marina